

STUDENT AFFAIRS

Your campus connection to explore interests and find purpose beyond the classroom.



CARE

Services

LOCATION ON CAMPUS

The Access Point
West side of Residence Hall 2

OFFICE HOURS

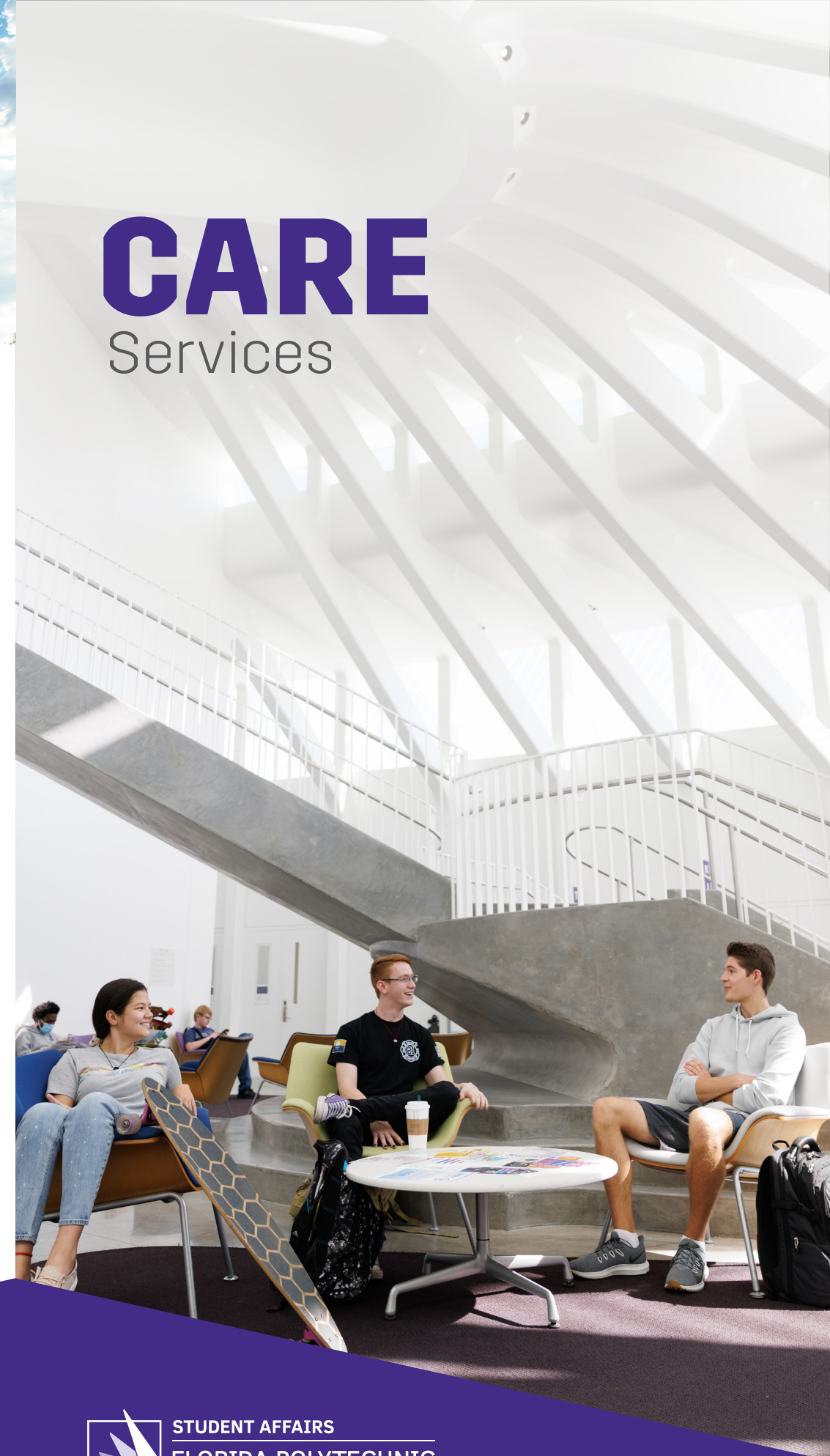
Monday-Friday
8 a.m.-5 p.m.

MORE INFORMATION

Care@floridapoly.edu
863-874-8599
www.floridapoly.edu/student-affairs/health-wellness

CARE SERVICES, which is part of the Office of Health and Wellness at Florida Poly, works collaboratively to help students develop themselves using these primary values to guide support and services:

- **Leadership**-influence and guide one's own life
- **Collaboration**-working with others to create something new, including new perspectives
- **Innovation**-applying ideas that result in changes and new outlooks on life
- **Adaptability**-being able to adjust to changing conditions in life



RESOURCES FOR ALL STUDENTS

BAY CARE'S STUDENT ASSISTANCE PROGRAM

800-878-5470

24/7 help that is free, voluntary, and confidential

PEACE RIVER CENTER

800-627-5906

24-hour crisis line

CAMPUS POLICE DEPARTMENT

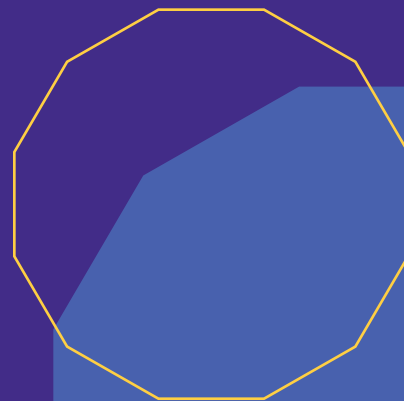
Law enforcement is available on campus 24/7

The non-emergency number is 863-874-8472

NATIONAL SUICIDE & CRISIS LIFE-LINE

24-hour crisis line
DIAL 988

Crisis Text Line
Text HOME to 741741



COUNSELING

Counseling is available on campus and through virtual platforms. Professional mental health clinicians assist students with the daily challenges of academics and their personal lives. Counseling can include getting help with:

- stress
- concern for a friend
- anxiety
- depression
- anger management
- conflict resolution
- relationship issues
- work/school/life balance
- sleep difficulty
- alcohol/drug use



CARE SERVICES

CARE Services (Florida Poly's Health and Wellness program) can help students identify and overcome barriers that affect a student's ability to be successful at Florida Poly. These barriers can be academically related, but they can also include mental health concerns, financial concerns, or personal concerns. CARE services can help students get involved or connected on campus or within the community. Sometimes it can be difficult to navigate the University system in order to access services or resources. Staff can help students navigate these services or develop an action plan for success.

