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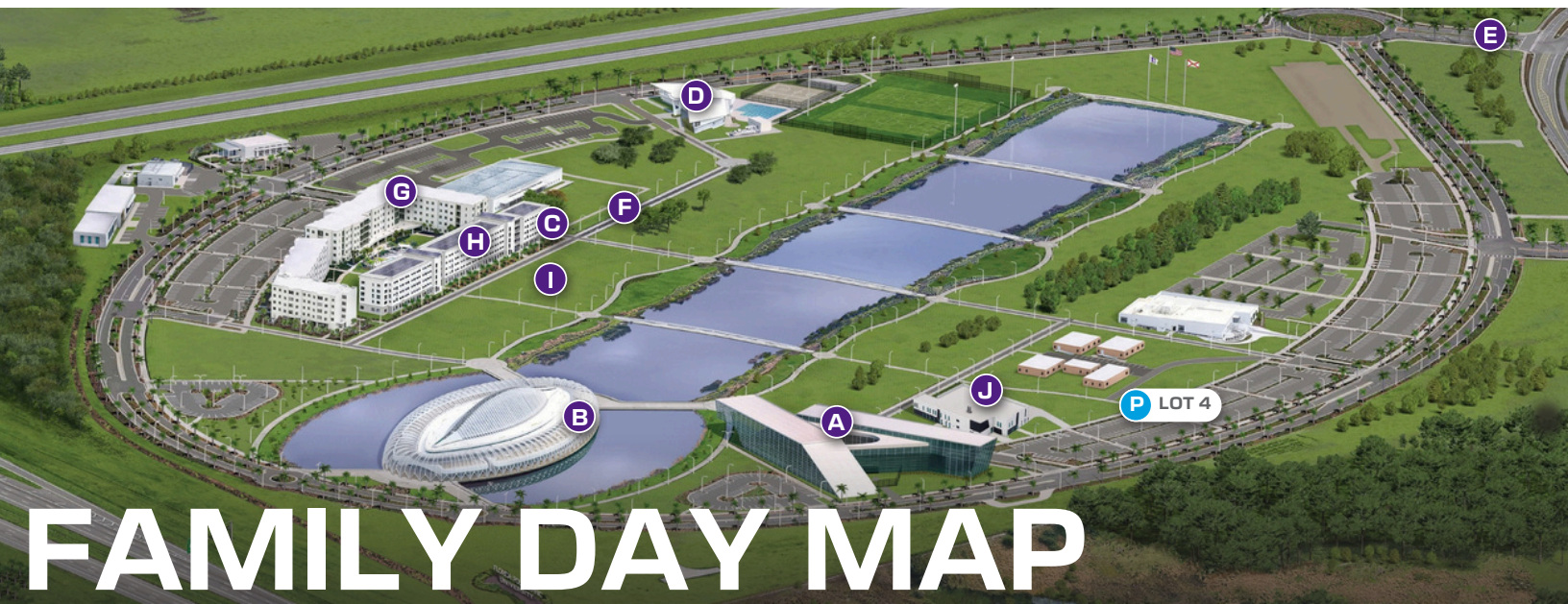
FAMILY DAY

**OCT.
17**

2026



FAMILY DAY EVENT ESSENTIALS



- A** BARC
- B** IST West Terrace
- C** Campus Store
- D** The Phoenix
- E** Disc Golf Course
- F** The Perch Lawn
- G** Phase 2
- H** Phase 3
- I** Field 3
- J** Gary C. Wednt

P Event Parking: Lot 4

Emergency: 911

FL Poly Police Department: (863) 874-8472 Press 2



FAMILY EVENT HUB

8:30AM - 4:30PM

BARC LOBBY

Navigate your Phoenix Family Day like a pro! Stop here at any point throughout your visit for event information, day-of activity registration, campus maps, general assistance, and lost & found.

If you need something and don't know where to go - find us here!

FAMILY DAY SALE 10% OFF

Select Florida Poly gear
at the Campus Store

Open 10:00am - 4:00pm
Must present your Phoenix Family Day
wristband to redeem

PHOENIX FAMILY DAY

WELCOMES

8:30AM-11:00AM

BARC

Family Day Check-In

Make this your first stop! Your event wristband and check-in will be required for event participation.

8:45AM-9:45AM

BARC 2200

Phoenix Flow



Bend, breathe, and bond with the flock! Beginner & family friendly yoga class. Limited mats available - bring your own if you wish!

9:00AM-10:00AM

IST WEST TERRACE

Alumni on the Terrace



Catch the morning breeze, great views, and old friends on the IST Terrace—an exclusive morning gathering for alumni and their guests.

9:30AM-10:00AM

BARC ATRIUM

The Presidential Welcome



Fuel up for family day, featuring a warm welcome from President Stephenson, music featuring student groups, and an opportunity meet university staff. Sponsored by SGA.

10:00AM-2:00PM

BARC 1142

Calming Center



Take a break, recharge, & prioritize your well-being at the CARE Services Calming Center! Join us for a relaxing experience designed to help you unwind, refocus, and connect with supportive resources.

10:00AM-3:00PM

THE PHOENIX

Family Fairway

Head over to the course for open disc golf play! Stop by to learn the basics, borrow equipment, and play a few holes together whenever it fits your schedule.

10:00AM-4:00PM

FIELD 3

Parent Network Cornhole Tournament



Grab a partner - your student, parent, sibling, or friend - and see if your team has what it takes to take home the championship title.

Teams of two (2) must sign up at the Family Day Check-In Table or Family Event Hub. Limited bracket spots available, so check-in early!

10:00AM-4:00PM

BARC ATRIUM

Giant Chess



Stop by to play some chess with the Chess Club crew! On a giant board or small ones, it will be fun for the whole family.



FEATURED DEPARTMENT



FEATURED RSO



FUN FOR LITTLE ONES

PHOENIX FAMILY DAY

10:00AM-4:00PM

BARC 1158

Rhythm Game Arcade



Come and join Rhythm Game Club for a round of our awesome rhythm games!

10:30AM-11:30PM

BARC 1159

Battle of the Gens: Family Trivia

Bridge the generation gap in this high-energy family trivia challenge celebrating pop culture, tech breakthroughs, and retro hits across the eras.

11:00AM-3:00PM

PHASE 2 LOBBY

Phoenix Fun Zone



Bring the whole flock together for an interactive mix of modern gaming, classic rec games, and creative crafts! Sponsored by CAB.

11:00PM-4:00PM

THE PERCH LAWN

Food Truck Flock



Four local food trucks are dishing out everything from burgers, loaded fries, and pitas to crepes, waffles, and shaved ice.

12:00PM-1:00PM

BARC 1159

Get to Know Cyber



get to know what we do in the cybersecurity club, get some tips to stay cyber secure, and watch a live demonstration of our competitions.

12:00PM-1:00PM

BARC PATIO

Live Music



Starring a featured band from Florida Poly's Music Association! Come see us live outside of the BARC.

2:00PM-4:00PM

PHASE 3 LOBBY

The Housing Ice Cream Truck



Join Housing & Residence Life for favorite ice cream treats as we show off all the fun your students have had to start the semester, plus a sneak peek into what we have planned for the remainder of the year!

2:00PM-4:00PM

FIELD 3

Solaris's Birthday Bash



It's time to party with our favorite mascot! Grab a specialty mocktail, bounce through giant inflatables, test your luck at Birthday Gift Bingo, and enjoy fun for all ages. Come celebrate with Solaris, snap some photos, and join in the flock-wide fun!

OPEN EVENTS

PHOENIX FAMILY DAY

STEM SHOWCASES

Physics in Action: Explore, Experiment, and Meet the Physics Community

10:00AM - 11:30AM | BARC 1123

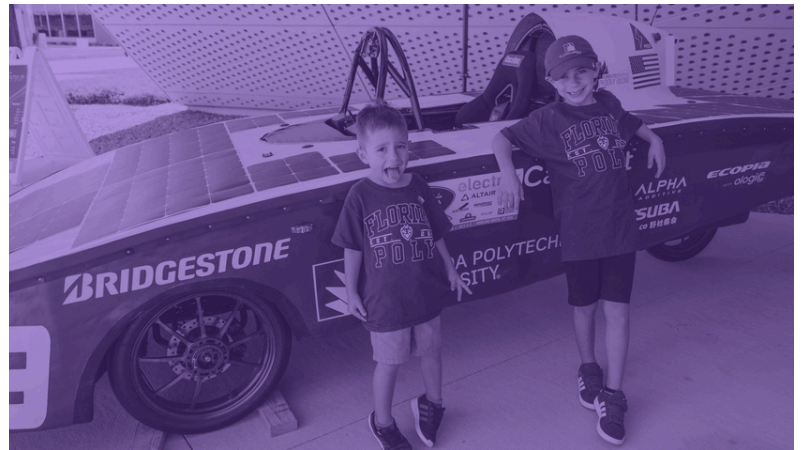
Students and families are invited to meet Physics faculty and Physics Club members while exploring a series of short, hands-on demonstrations. Experiment with mechanics, waves, electricity and magnetism, and other engaging physics phenomena while learning how physics supports engineering, technology, undergraduate research, and future careers. Visitors can also learn about Physics courses, research opportunities, the Physics Club, and ways students can become involved beyond the classroom. Drop in at any time and stay as long as you like!



Solar Car Showcase

**11:00AM - 4:00PM
THE PERCH LAWN**

Explore student innovation up close! Meet members of the Florida Poly Solar Racing Team, view their custom solar-powered vehicle, and learn about the engineering behind the build.



Why Buildings Shake: Understanding Resonance During Earthquakes

11:00AM - 11:30AM | GCW 1006

Using an educational shake table, three model buildings with different natural vibration periods will be subjected to simulated ground motions.

Participants will see how resonance can dramatically amplify a building's response and learn why some structures are more vulnerable to earthquake shaking than others.

How Strong is Concrete? **11:30AM - 12:00PM | GCW 1006**

How strong is concrete? Watch concrete cylinders with different curing ages get tested to failure in a compression machine. Predict which cylinder will be stronger and see how curing time affects concrete strength.



POLY CALLS LAKELAND HOME

FAMILY SCAVENGER HUNTS

Crawl Lakeland

10:00AM - 4:00PM

DOWNTOWN LAKELAND



Explore the city that Florida Poly calls home! Check out iconic landmarks, support local businesses, and take advantage of exclusive family day discounts. Get connected to the hunt at the Family Event Hub or scan the QR code to join the fun.

Explore Campus

10:00AM - 3:00PM

FL POLY CAMPUS



Solve clues, track down campus hotspots, and snap photos along the way. Stop by the Family Event Hub or scan the QR code to get connected and begin your adventure!

AROUND TOWN

8:00AM -
2:00PM

200 N.
KENTUCKY AVE

Lakeland Farmer's Curb Market

The Lakeland Downtown Farmers Curb Market was established in 2004 and enjoys between 3500 and 5500 customers each Saturday (. The Market currently has 230 vendors on its roster with an average of 125-150 in attendance on any given Saturday.

10:00AM -
4:00PM

LAKE MIRROR &
DOWNTOWN

Lake Mirror Classic - Concours & Car Show

Lakeland is hosting the Lake Mirror Classic all weekend long! Featuring the Concours d'Elegance and Downtown Classis Car Show on Saturday. See their website if you plan to visit. Parking and admission are free for all spectators! Catch the MK-2 Florida Poly Solar Car there.

10:00AM -
4:00PM

DOWNTOWN

Family Day Discounts

Found at select Lakeland Local Businesses. *Sign up for the Crawl Lakeland Scavenger Hunt to get those deals!*

PHOENIX FAMILY DAY

SPONSORS & VENDORS



STUDENT EXPERIENCE

FLORIDA POLYTECHNIC
UNIVERSITY



HOUSING AND RESIDENTIAL LIFE

FLORIDA POLYTECHNIC
UNIVERSITY



ALUMNI

FLORIDA  POLY

Mitchell's

COFFEE HOUSE

